

Region 2 / Division 2

Coaches,

The following is some important information regarding the 2024 Powerlifting season:

THSPA Membership Dues - The THSPA membership form is located on the website and all dues (\$100 per school) must be postmarked by January 24, 2024. As is always the case, these will not be updated on the website until sometime in late December. You can check the website under the Association tab and then click Member Schools. When your dues get posted they will show up on this page. Any school that competes in a meet must be a member in good standing in order for its teams results to count in the regional standings.

Important Dates:

January 24 - THSPA Dues must be postmarked by this date (form is on the state website).

February 24 - Last qualifying date (results on this day must be received by midnight).

February 26 - 4:00 pm Weight declarations for lifters qualified in two weight classes.

March 9 – R2D2 Regional Meet - Exact details will be sent at a later date.

March 22 – Division 2 / Division 3 State Meet at Taylor County Expo Center, Abilene. (This will be an afternoon / evening session)

March 23 – Division 1 / Division 4 State Meet at Taylor County Expo Center, Abilene.

Invitational Meets - If you are hosting an Invitational Meet, you must certify the meet through me. This will just be done through email. Just because it's certified does not mean results will automatically be accepted and posted. You must make sure you follow all rules regarding the number of teams, lifters and certified judges. An invitational meet must consist of no less than three (3) different schools, having no less than five (5) competitors per school. No dual meets are allowed. All judges at any Tri/Quad meet must be T.H.S.P.A. certified. Any meet held on the last qualifying date must have all certified judges for each of the platforms.

Also, if you host an Invitational Meet you must use Powerscore to score the meet. It is provided free of charge and can the download can be found on the state website.

Regional Standings - these will automatically update as I post meet results each week. Please check these each week and if there are errors in the spelling of your lifters name's please send me an email so I can get those corrected.

If you are new to the Region or Division, please send me your name and contact info so that I can include you in all Regional Communications.

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